



## Dealing with Particular Problems

*By Estelle Roberts 2015*

When you analyse the problems that you have on the Earth Plane they really aren't as big as we try to make them sometimes are they? You're having your problems with your multiple sclerosis are you not Judy so you don't necessarily feel that way do you?

*(J) No.*

But because of the teaching you have had had it allows you to change your thinking and not be negative about the problems which avail your personage.

*(J) True.*

And you have a lesson which can be learnt.

And I could go through with you as well ..... You have a lot of problems with your physicality but it's your relationships which cause you more problems than your physicality isn't it? And I'm talking about your life in general not necessarily your situation at this point in time.

*Right.*

I realised you were contradicting in thought what I was saying.

*I was just trying to work it out yes.*

Because normally throughout your life you have been able to accept your physicality so to speak. You have been able to accept the situation you are in. Sometimes you went very hungry because of those reasons but you accepted it as the way you were meant to proceed. You didn't look at it as a total negative did you?

*No.*

If you analyse the majority of the problems that you've had in your life they have been more emotional and psychological haven't they?

*I suppose they have yes.*

Yes you've had a few minor physical problems but you haven't considered them a total burden for you to overcome, and I'm not talking about currently because it is slightly challenging now.

Yes.

So therefore now wouldn't really be a good time to make the comment that I had, but if you ignore the current situation what I was saying would be correct would it not?

*Yes it would be.*

I'm glad I got out of that one Judy.

*(J) Very well Estelle.*

Well after all the Earth Plane is there for you to overcome situations and problems so therefore if you didn't have these problems you wouldn't have the opportunity to move forward would you?

*(J) They are all for my own good I know that.*

Well keep thinking of them that way and then you will have achieved what you intended to achieve when you quite stupidly, in my point of view, elected to have the problems that you have.

*(J) I would agree with you there Estelle.*

It is a problem though you know when you're in the astral sphere and you have been away from the physical problems for a few hundred years, and I'm using that merely for discussion purposes, you forget about all the problems that you will have if you have these physical issues and you think because you haven't been infected should I say, or inflicted with pain and discomfort you see people on the Earth Plane and you think why are they complaining? I could deal with that. I know that I have the strength of character to overcome those problems so why shouldn't I have those problems just to prove that I can do it. Then the reality of living on the Earth Plane comes to a head so that is when people who are far wiser than we have the ultimate task of defining what problems that you are going to be allowed to have. Do you like the way I put that? Problems you will be allowed to have, because we will all consider that we are capable of overcoming far more than our realistic capabilities are. We put the goal post too high. I think that's a silly saying because if you were playing football and you put the goal post higher it would make kicking the ball into the net a lot easier wouldn't it?

*(J) Yes it probably would.*

I see .....that you are just trying to keep everything together, keep the body and the soul together in one place aren't you?

Yes.

Sometimes it's a little bit more difficult.

*Yes and I'm planning to visit my mother before too long.*

Oh that will be an eventful exciting time won't it? I know you always really look forward to that with total trepidation.

*Yes we do get along better if we're in different countries.*

Yes and with your sister you would be better if you were on different planets.

*Well it is alright. She is behind that metaphorical brick wall I built now so I don't have to deal with her.*

Well that's good because that's the best way to deal with people that you cannot connect with, because I don't know if you've ever been told that sometimes we put somebody into a family who is a square peg fitting into a round hole.

*Well I always considered I was the square peg in the round hole in my family.*

Maybe your family had more than one square peg and the saying goes you can't put a square peg into a round hole and I said that is nonsense, all you have to do is make the round hole bigger.

*True.*

You see there is a solution to every problem. You've just got to look outside the box so to speak.

*Estelle Roberts*

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